The Boise State University Peace Corps Prep program will prepare you for international development fieldwork and potential Peace Corps service. To accomplish this, you’ll build four core competencies through interrelated coursework, hands-on experience, and professional development support. These four competencies, or “learning objectives,” are the following:

1. Training and experience in a work sector  
2. Foreign language skills  
3. Intercultural competence  
4. Professional and leadership development

This document explains each of the Peace Corps Prep requirements in detail. Please review this guide to better acquaint yourself with the Peace Corps Prep requirements, call or email one of the PC Prep program coordinators with any questions and then set up a meeting with the Sector Advisor for your chosen sector (you will learn more about Peace Corps sectors below). Together with your Sector Advisor you will map out your course of study and complete your PC Prep application. Use the check boxes to mark off your achievement of each requirement as you progress through the program.

Please contact peacecorpsprep@boisestate.edu for more information.

1. **Training and experience in a specific work sector**

   **3 courses + 50 hours related experience**

   There are six sectors in which Peace Corps Volunteers serve: **Education**, **Health**, **Environment**, **Agriculture**, **Youth Development** and **Community Development**. For PC Prep, you need to identify the sector you plan to serve in, and **complete at least 3 courses** that align with a specific sector (they can but do not need to come from your academic major or minor). You also must accumulate a **minimum of 50 hours of volunteer or work experience** in that **same sector**.

   **Peace Corps Tip!** If you intend to apply to the Peace Corps, the best way to assure that you will be a strong candidate is to identify the type of assignments in which you’d like to serve through this [interactive tool](www.peacecorps.gov/openings), then review the positions’ desired qualifications and build them up accordingly. In the process, you should fulfill these PC Prep experiential requirements!

Leveraging concrete knowledge and skills is central to on-the-ground international development work. Through this PC Prep program, you will begin to build a professional
specialty, which should serve your career well whether or not you become a Peace Corps Volunteer.

Note: Actual Peace Corps assignments are based on local needs, and thus may or may not align seamlessly with your qualifications. Flexibility is central to the Peace Corps experience!

PEACE CORPS SECTORS
Work with your sector advisor to determine which classes from these disciplinary areas will best suit your sector, degree requirements, and interests.

#1 Education (www.peacecorps.gov/volunteer/learn/whatvol/edu_youth/assignments/)

Teach lessons that last a lifetime. Education is the Peace Corp’s largest program area. Volunteers play an important role in creating links among schools, parents, and communities by working in elementary, secondary, and postsecondary schools as math, science, conversational English, and resource teachers or as early grade reading and literacy teacher trainers. Volunteers also develop libraries and technology resource centers.

If you choose Education, take three courses from one of the following disciplinary areas:

- Education (see CIFS, ESP, and LLC)
- Any Secondary Education program
- Computer Science
- Engineering (any)
- Biological Sciences
- Geosciences
- Physics
- Mathematics
- English
- TESOL (see Literacy Language and Culture)
- Art Education
- Music Education
- World Languages
- Physical Education (see Kinesiology)

And build 50 hours of related field experience (paid or volunteer) through an activity such as:

Boise State Opportunities
- Become a Learning Assistant in a peer tutoring program at Boise State (https://aae.boisestate.edu/bsulaprogram/)
- Professional Year experience through a Secondary Education or Education degree
- Volunteer or work at one of the many summer camps held at BSU (or elsewhere) each summer (STEM and Education students inquire with your department about ways to become involved)
• Consider joining a relevant student club or chapter that participates in community service relevant to the Education sector (https://getinvolved.boisestate.edu/student-clubs-and-organizations/)
• Find a Service-Learning course such as ED-ESP 350 Teaching Students with Exceptional Needs (https://servicelearning.boisestate.edu/about/sl-courses/), consider applying for your service-learning badge! (This requires a criminal background check and to be fingerprinted.)
• Register for LEAD 225 and participate in an Alternative Spring Break (https://getinvolved.boisestate.edu/volunteer/alternative-breaks-2/)
• Inquire with your department about any research or internship opportunities (https://career.boisestate.edu/students/internships/#Find%20an%20internship)
• Volunteer or intern while studying abroad. Students have taught English to local children, tutored disadvantaged youth, and volunteered at an organization supporting children with hearing loss, learn more by visiting International Learning Opportunities on campus (https://international.boisestate.edu/)

Community Opportunities
• Tutor students at a local school, check out various partners through OrgSync (https://orgsync.com/59534/chapter)
• Become an English as a Second Language tutor and work with people or families new to the United States (http://www.anaidaho.org/volunteer.html)

#2 HEALTH (www.peacecorps.gov/volunteer/learn/whatvol/health/assignments/)

Serve on the front lines of global health. Health Volunteers work within their communities to promote important topics such as nutrition, maternal and child health, basic hygiene, and water sanitation. Volunteers also work in HIV/AIDS education and prevention programs to train youth as peer educators, develop appropriate education strategies, provide support to children orphaned by the pandemic, and create programs that provide emotional and financial support to families and communities affected by the disease.

If you choose Health, take three courses from one of the following disciplinary areas:
- Health Education and Promotion
- Public Health
- Environmental Health
- Nursing
- Applied Mathematics
- Radiological Sciences
- Respiratory Care
- Biological Sciences
- Sociology
- Construction Management
- Mechanical & Biomedical Engineering
- Kinesiology
- Psychology
- Social Work
- Anthropology
- Civil Engineering
- Global Studies
And build 50 hours of related field experience (paid or volunteer) through an activity such as:

**Boise State Opportunities**

- Find a Service-Learning course such as HLTHST 410 Health and Aging ([https://servicelearning.boisestate.edu/about/sl-courses/](https://servicelearning.boisestate.edu/about/sl-courses/)), consider applying for your service-learning badge!
- Participate in an internship with University Health Services, find out more information through Community and Environmental Health’s Internship page ([https://hs.boisestate.edu/hep/internship-information/](https://hs.boisestate.edu/hep/internship-information/))
- Register for LEAD 225 and participate in an Alternative Spring Break ([https://getinvolved.boisestate.edu/volunteer/alternative-breaks-2/](https://getinvolved.boisestate.edu/volunteer/alternative-breaks-2/))
- Consider joining a relevant student club or chapter that participates in community service relevant to the Health sector ([https://getinvolved.boisestate.edu/student-clubs-and-organizations/](https://getinvolved.boisestate.edu/student-clubs-and-organizations/))
- Become a Community Assistant, work in the community with various non-profits, email cwscoordinator@boisestate.edu for more details ([https://servicelearning.boisestate.edu/students/student-employment/](https://servicelearning.boisestate.edu/students/student-employment/))
- Volunteer or work at one of the many summer camps held at BSU (or elsewhere) each summer ([http://www.broncosports.com/camps/bosu-camps.html#wbb](http://www.broncosports.com/camps/bosu-camps.html#wbb))
- Inquire with your department about any research or internship opportunities ([https://career.boisestate.edu/students/internships/#Find%20an%20internship](https://career.boisestate.edu/students/internships/#Find%20an%20internship))
- Volunteer or intern abroad while studying abroad. Students have assisted hospitals with strategic plans, interned in clinics, and volunteered with organizations working to prevent HIV/AIDS, learn more by visiting International Learning Opportunities on campus ([https://international.boisestate.edu/](https://international.boisestate.edu/))

**Community Opportunities**

- Volunteer at a local hospice, check out various partners through OrgSync ([https://orgsync.com/59534/chapter](https://orgsync.com/59534/chapter))
- Volunteer or work experience in such areas as HIV/AIDS outreach, hospice, family planning counseling, emergency medical technician (EMT) or CPR teaching/certification, maternal health, and hands-on caregiving in a hospital, clinic, or lab technician setting
- Counseling or teaching in health subjects
- Working as a resident advisor in a dormitory, as a peer nutritionist, or as a sexually transmitted infections counselor
- Significant experience in mechanical repairs, construction, carpentry, masonry, plumbing, hydrology, or set design (Not sure how this fits? Check out this Peace Corps story: [https://www.peacecorps.gov/stories/5-projects-ensure-every-person-has-access-toilet/](https://www.peacecorps.gov/stories/5-projects-ensure-every-person-has-access-toilet/))
#3 **Environment** ([www.peacecorps.gov/volunteer/learn/whatvol/env/assignments/](www.peacecorps.gov/volunteer/learn/whatvol/env/assignments/))

Help forge a global movement to protect our planet. Volunteers lead grassroots efforts in their communities to protect the environment and strengthen understanding of environmental issues. They teach environmental awareness in elementary and secondary schools and to youth groups and community organizations, empowering communities to make their own decisions about how to protect and conserve the local environment. Volunteers also address environmental degradation by promoting sustainable use of natural resources.

- **If you choose Environment, take three courses from one of the following disciplinary areas:**
  - Biological Sciences
  - Environmental Health
  - Chemistry & Biochemistry
  - Environmental Studies
  - Civil Engineering
  - Geosciences
  - Physics
  - Anthropology
  - Public Health
  - Economics
  - Construction Management
  - International Business
  - Political Science
  - Global Studies
  - Sociology

- **And build 50 hours of related field experience (paid or volunteer) through an activity such as:**

  **Boise State Opportunities**
  - Consider joining a relevant student club or chapter that participates in community service/outreach relevant to the Environment sector ([https://getinvolved.boisestate.edu/student-clubs-and-organizations/](https://getinvolved.boisestate.edu/student-clubs-and-organizations/))
  - Find a Service-Learning course such as HES 497 Foundations in Human-Environment Systems ([https://servicelearning.boisestate.edu/about/sl-courses/](https://servicelearning.boisestate.edu/about/sl-courses/)), consider applying for your service-learning badge!
  - Register for LEAD 225 and participate in an Alternative Spring Break ([https://getinvolved.boisestate.edu/volunteer/alternative-breaks-2/](https://getinvolved.boisestate.edu/volunteer/alternative-breaks-2/))
  - Become a Community Assistant, work in the community with various non-profits, email cwscordinator@boisestate.edu for more details ([https://servicelearning.boisestate.edu/students/student-employment/](https://servicelearning.boisestate.edu/students/student-employment/))
  - Inquire with your department about any research or internship opportunities ([https://career.boisestate.edu/students/internships/#Find%20an%20Internship](https://career.boisestate.edu/students/internships/#Find%20an%20Internship))
  - Volunteer or intern while studying abroad, students have interned in a marine wildlife park, worked with a city’s carbon neutral committee and interned at various sustainable development organizations, learn more by visiting International Learning Opportunities on campus ([https://international.boisestate.edu/](https://international.boisestate.edu/))
Community Opportunities

- Educating the public on environmental or conservation issues, or working on environmental campaigns
- Volunteer with Boise Environmental Education program, check out this partner and others through OrgSync ([https://orgsync.com/59534/chapter](https://orgsync.com/59534/chapter))
- Conduct biological surveys of plants or animals, participate in field research
- Gardening, farming, nursery management, organic or low-input vegetable production, or landscaping
- Providing technical assistance and training in natural resource management

#4 Agriculture ([www.peacecorps.gov/volunteer/learn/whatvol/agr/assignments/](http://www.peacecorps.gov/volunteer/learn/whatvol/agr/assignments/))

Lead grassroots efforts to fight hunger in a changing world. Agricultural Volunteers work with small-scale farmers and families to increase food security and production and adapt to climate change while promoting environmental conservation practices. They introduce farmers to techniques that prevent soil erosion, reduce the use of harmful pesticides, and replenish the soil. They work alongside farmers on integrated projects that often combine vegetable gardening, livestock management, agroforestry, and nutrition education.

If you choose Agriculture, take three courses from one of the following disciplinary areas:

- Biological Sciences
- Chemistry & Biochemistry
- Environmental Studies
- Civil Engineering
- Non-profit administration
- Sociology
- Anthropology
- Geosciences
- Economics
- Global Studies
- Entrepreneurship Management

And build 50 hours of related field experience (paid or volunteer) through an activity such as:

Boise State Opportunities

- Consider joining a relevant student club or chapter that participates in community service/outreach relevant to the Agriculture sector ([https://getinvolved.boisestate.edu/student-clubs-and-organizations/](https://getinvolved.boisestate.edu/student-clubs-and-organizations/))
- Find a Service-Learning course such as ENVST 121 Intro to Environmental Studies ([https://servicelearning.boisestate.edu/about/sl-courses/](https://servicelearning.boisestate.edu/about/sl-courses/)), consider applying for your service-learning badge!
- Register for LEAD 225 and participate in an Alternative Spring Break ([https://getinvolved.boisestate.edu/volunteer/alternative-breaks-2/](https://getinvolved.boisestate.edu/volunteer/alternative-breaks-2/))
• Inquire with your department about any research or internship opportunities (https://career.boisestate.edu/students/internships/#Find%20an%20internship)
• Become a Community Assistant, work in the community with various non-profits, email cwscoordinator@boisestate.edu for more details (https://servicelearning.boisestate.edu/students/student-employment/)
• Volunteer or intern abroad while studying abroad, students have worked with a reforestation research unit, learn more by visiting International Learning Opportunities on campus (https://international.boisestate.edu/)
• Join the Boise State Bee Team (https://orgsync.com/122971/chapter)

Community Opportunities
• Volunteer or apply for an Internship with Global Gardens (http://www.globalgardensboise.org/)
• Find a nonprofit in the community to volunteer with (https://orgsync.com/59534/chapter)
• Working with a large-scale or family-run business involving vegetable gardening, farming, nursery work, tree planting or care, urban forestry, landscaping, livestock care and management, or fish cultivation and production
• Teaching or tutoring the public in environmental or agricultural issues/activities
• Working on the business management or marketing side of a commercial farm

#5 **YOUTH IN DEVELOPMENT**
(www.peacecorps.gov/volunteer/learn/whatvol/youth/assignments/)

Empower the next generation of changemakers. Volunteers work with youth in communities on projects that promote engagement and active citizenship, including gender awareness, employability, health and HIV/AIDS education, environmental awareness, sporting programs, and info technology.

If you choose Youth in Development, take three courses from one of the following disciplinary areas:
• Education
• Sociology
• Counselor Education
• Urban Studies and Community Development
• Psychological Sciences
• Anthropology
• History
• World Languages
• Criminal Justice
• Theatre Arts
• Global Studies
• Social Work
• Computer Science
• Mathematics
• Entrepreneurship Management
• Community and Environmental Health
• Kinesiology
• Art
• Music
And build 50 hours of related field experience (paid or volunteer) through an activity such as:

Boise State Opportunities

- Consider joining a relevant student club or chapter that participates in community service/outreach relevant to the Youth in Development sector (https://getinvolved.boisestate.edu/student-clubs-and-organizations/)
- Find a Service-Learning course, such as SOC 340 Sociology of the Family (https://servicelearning.boisestate.edu/about/sl-courses/), consider applying for your service-learning badge!
- Become a Community Assistant, work in the community with various non-profits, email cwscoordinator@boisestate.edu for more details (https://servicelearning.boisestate.edu/students/student-employment/)
- Register for LEAD 225 and participate in an Alternative Spring Break (https://getinvolved.boisestate.edu/volunteer/alternative-breaks-2/)
- Inquire with your department about any research or internship opportunities (https://career.boisestate.edu/students/internships/#Find%20an%20internship)
- Volunteer or intern while studying abroad, students have volunteered in orphanages, interned with an organization providing work training to low income youth and many other experiences, learn more by visiting International Learning Opportunities on campus (https://international.boisestate.edu/)
- Volunteer or work at one of the many summer camps held at Boise State (or elsewhere) each summer (http://www.broncosports.com/camps/bosu-camps.html#wbb, or https://hs.boisestate.edu/kinesiology/summer-youth-program-information/)

Community Opportunities

- Consider employment at a youth serving organization such as a local YMCA
- Become a mentor, check out various partners through OrgSync, including Big Brother, Big Sister (https://orgsync.com/59534/chapter)
- Teaching or counseling in at-risk youth programs
- Coach a youth sports team
- Activities that involve planning, organizing, assessing community needs, counseling, and leadership, in areas such as education, youth development, health and HIV/AIDS, the environment, and/or business
Harness 21st-century tools to help communities lift themselves. Volunteers work with development banks, nongovernmental organizations, and municipalities to strengthen infrastructure and encourage economic opportunities in communities. They frequently teach in classroom settings and work with entrepreneurs and business owners to develop and market their products. Some Volunteers also teach basic computer skills and help communities take advantage of technologies such as e-commerce, distance learning, and more.

If you choose Community Economic Development, take three courses from one of the following disciplinary areas:

- Mathematics
- Computer Science
- General Business
- Communication
- History
- Political Science
- Urban Studies and Community Development
- Civil Engineering
- Economics
- Finance
- Global Studies
- Accountancy
- Management (all areas)
- World Languages
- International Business
- Graphic Design
- Marketing
- Non-profit administration
- Biomedical and Mechanical Engineering
- Information Technology and Supply Chain Management
- Electrical Engineering & Computer Engineering
- Materials Science Engineering

And build 50 hours of related field experience (paid or volunteer) through an activity such as:

- Consider joining a relevant student club or chapter that participates in community service/outreach relevant to the Community Development sector (https://getinvolved.boisestate.edu/student-clubs-and-organizations/)
- Find a Service-Learning course, such as ECON 322 Urban Economics (https://servicelearning.boisestate.edu/about/sl-courses/), consider applying for your service-learning badge!
- Become a Community Assistant, work in the community with various non-profits, email cwscordinator@boisestate.edu for more details (https://servicelearning.boisestate.edu/students/student-employment/)
- Register for LEAD 225 and participate in an Alternative Spring Break (https://getinvolved.boisestate.edu/volunteer/alternative-breaks-2/)
- Inquire with your department about any research or internship opportunities (https://career.boisestate.edu/students/internships/#Find%20an%20Internship)
- Volunteer or intern while studying abroad, students have interned at business incubators, designed marketing plans for local organizations and supported social media campaigns, learn
more by visiting International Learning Opportunities on campus (https://international.boisestate.edu/)

Community Opportunities

- Working with businesses, organizations, or cooperatives in accounting, finance, microfinance, management, project management, budgeting, or marketing
- Work with refugees, check out various partners through OrgSync, including the International Rescue Committee (https://orgsync.com/59534/chapter)
- Starting and running your own business or other entrepreneurial activity
- Training others in computer literacy, maintenance, and repair
- Website design or online marketing
- Founding or leading a community- or school-based organization

2. Foreign language skills

Requirements vary by language

Working across cultures entails verbal and nonverbal languages distinct from your own. Building foreign language skills is thus a second key component of the PC Prep curriculum.

Fluency in another language is becoming more and more important each year. Graduates with this valuable skill find themselves significantly more competitive in a variety of career fields. PC Prep language requirements vary upon desired Peace Corps volunteer placement sites.

Where would you like to serve? Check out Peace Corps’ website to see where you can serve, https://www.peacecorps.gov/countries/. PC Prep minimum course requirements align with those needed by applicants to the Peace Corps itself, which vary by linguistic region.

Please note: Certain study abroad programs allow students to earn two years of language credits in one semester. This may be one way for you to meet your language requirements. Learn more by visiting International Learning Opportunities (https://international.boisestate.edu/)

Follow the prompts below to find out more about the language requirements.

☐ Do you already speak another language fluently? If you do, you should take Boise State’s Challenge Exam.

Language Fluency in: ____________________________

Date of Challenge Exam: ____________________________

Courses Challenged: ___________________________________________________________

Take Boise State’s Challenge Exam. By doing this you can receive credit for existing language proficiency. Find out more: https://worldlang.boisestate.edu/about-2/exams/
Do you want to serve in Latin America or French-speaking West Africa?

☐ If you answered YES (and you are NOT fluent in Spanish or French)
If you wish to serve in Latin America you are required to take 2 200-level courses in Spanish. This equals 4 semesters of Spanish language instruction if you need to start at the 100 level.

If you wish to serve in French speaking West Africa you are required to take 2 200-level courses in either French or Spanish. French is strongly encouraged. This equals 4 semesters of language instruction if you need to start at the 100 level.

If you intend to learn a foreign language, please list which one: ____________________

List the foreign language courses you plan to take,

Course 1: _______________________________ Semester and year: ______________

Course 2: _______________________________ Semester and year: ______________

Course 3: _______________________________ Semester and year: ______________

Course 4: _______________________________ Semester and year: ______________

☐ If you answered NO, and are not fluent in another language
The Peace Corps has no explicit language requirements for individuals applying to serve in most other countries. However, you will still likely learn and utilize another language during service. We STRONGLY recommend that you take at least 1 semester of any language. Remember, all lower-division foreign language courses can count towards your DLL course requirement. French, Spanish, Portuguese, Arabic and Chinese are all offered by the Department of World Languages and align with languages spoken in certain regions or countries Peace Corps Volunteers serve in.

Course 1_______________________________________ Semester and year: _________

3. Intercultural competence

3 approved courses

Engaging thoughtfully and fluidly across cultures begins with one’s own self-awareness. With this learning objective, you will deepen your cultural agility through a mix of three introspective courses in which you learn about others while reflecting upon your own self in relation to others. The goal is for you to build your capacity to shift perspective and behavior around relevant cultural differences.
Many of these courses have prerequisites for admission, if you have not met the prerequisites but still wish to take the course please reach out the instructor to request the permission number. This number will allow you to register for the course in PeopleSoft.

You will need to take at least 1 core course, but if you would prefer to take 2, or all 3 of your courses to meet this requirements from the core courses, that is possible. Participation in study abroad will reduce this requirement to 1 course of your preference (either core or an elective). Please discuss your course preferences and/or study abroad plans with your sector advisor.

**You’ll take at least 1 of these core courses:**
- COMM 160 Communication and Culture
- GLOBAL 101 Global Studies: Conflict, Cooperation and Change *(DLS course)*
- PSYC 219 Cross-Cultural Psychology *(Prereq. PSYCH 101)*
- PSYC 229 Psychology of Gender *(Prereq PSYC 101)*
- INTBUS 220 Go Global: You and the World Economy
- ED-LLC 205 Migration Studies in Education
- GENDER 303 Introduction to Women’s Studies
- GENDER 200 Introduction to Gender Studies
- ENGL 216 Cultural Exchange in Transnational Literatures *(Prereq ENGL 102)*
- SOC 230 *(DLS)* Introduction to Ethnic Studies

**And choose 2 additional electives from the above list or these below:**
- UF 200 Civic and Ethical Foundations
- Any GLOBAL course
- Any upper division Foreign Language course
- COMM 371 Communication, Gender, and Difference *(Prereq. COMM 160)*
- COMM/SOC/DISPUT 390 Conflict Management *(Prereq COMM 221, or ENGL 302, or HLTHST 304, or SOC 290)*
- SOC 306 Sociology of African Americans *(Prereq SOC 101 or SOC 230)*
- SOC 307 The Asian American Social Experience *(Prereq SOC 101 or SOC 230)*
- SOC 305 Racial and Cultural Minorities *(Prereq ENGL 102 and SOC 230)*
- SOC 332 Introduction to Mexican-American Studies *(Prereq SOC 230)*
- SOC 333 Contemporary Issues of Chicanas/Chicanos *(Prereq SOC 230)*
- SOC 421 Social Inequality *(Prereq SOC 101)*
- ECON 315 Global Economic Development *(Prereq ECON 201 & 202)*
- ENGL 396 Post Colonial Literature *(Prereq ENGL 275 or PERM/INST)*
- HIST 310 World-Wide Diaspora: Causes & Consequences of the Modern Refugee Crisis
- HIST 362 Modern Latin America *(Prereq at least 1 CID course in any discipline)*
- HIST 366 History of Modern Africa: 1750-Present *(Prereq at least 1 CID course in any discipline)*
- HIST 369 The Modern Middle East *(Prereq at least 1 CID course in any discipline)*
- HIST 372 The History of Modern Southeast Asia *(Prereq at least 1 CID course in any discipline)*
- HIST 373 The History of Modern China *(Prereq at least 1 CID course in any discipline)*
- HIST 375 Living Religions: A Comparative Historical Study *(Prereq at least 1 CID course in any discipline)*
• HIST 376 Global Environmental History (Prereq at least 1 CID course in any discipline)
• POLS 306 International Relations: Actors, Interactions, and Methods (Prereq POLS 200 or PERM/INST)
• POLS 421 International Law and Organization (Prereq POLS 305 & 306 or Intl. Business major/minor)
• POLS 422 Politics in Russia and Eastern Europe (Prereq POLS 305 & 306 or Intl Business major/minor)
• POLS 423 Latin American Politics (Prereq POLS 305 & 306, or Intl Business major/minor, Latin American/Latino(a) Studies, or PERM/INST)
• POLS 425 Politics in Asia (Prereq POLS 305 & 306, or Intl Business major/minor, or PERM/INST)
• POLS 427 Politics of Africa (Prereq POLS 305 & 306, or Intl Business major/minor, or PERM/INST)
• KINES 201 Cultural, Historical and Philosophical Dimensions of Physical Activity (Prereq ENGL 101 and ENGL 102)
• LEAD 225 Civic Engagement and Leadership (students must be accepted into Alternative Break Program prior to registration)
• LEAD 327 Relational Leadership
• INTBUS 440 Cultures, Communication and Global Business (Prereq Admission to COBE)
• PSYC 438 Community Psychology (Prereq PSYC 101, PSYC 295, or MAT 254)
• COMM 351 Intercultural Communication (Prereq COMM 160, or HLTSHT 304)
• GENDER/SOC 371 The Social Psychology of Gender (Prereq PSYC 101 or SOC 101)

Is there another course in the catalog that you feel meets this requirement? Please discuss it with your PC Prep Coordinator.

Attend Boise State’s annual Tunnel of Oppression
The Tunnel of Oppression is a 20-30 minute interactive theater that will challenge the way you think about marginalized groups. Find out what it’s like to experience biased behaviors and the perpetuation of racist stereotypes. This event is typically held each Fall semester in the Student Union Building. Check https://mss.boisestate.edu/tunnel-of-oppression/ for more details.

Engage with others outside of your own culture(s).
This might include participating in an event, social gathering, meeting, or other activity and write a brief reflection about the experience using the DEAL model (describe, examine, articulate, and learning). https://static1.squarespace.com/static/51a00182e4b00ebfe3c66f62/t/522645cbe4b05ed55d791a6/1378239947935/DEAL+Model+for+Critical+Reflection.pdf

Examples include:
• Share a meal with a classmate, friend, or acquaintance who is from a different culture
• Attend a community meeting that focuses on expanding the rights of LGBTQA people
• Volunteer at an event with an agency that works with refugees in the community (agencies such as Global Gardens, International Rescue Committee, and the Agency for New Americans are all great places to volunteer)
- Attend a religious service where the congregation is predominantly from another culture than yourself
- Celebrate a holiday or religious observance with a student group on campus that is organizing an event around it
- Stay with a host family while traveling overseas or while studying abroad

This requirement is broad and is meant to be inclusive of many different cross-cultural experiences. Please check-in with your advisor about the selection of your experience and to discuss some important tips about developing and practicing cultural awareness.

**Peace Corps Tip!**

*Prolonged intercultural experiences—such as studying or volunteering abroad, supporting new immigrants or refugees acculturate to the United States, or volunteering in diverse schools—would also strengthen your Peace Corps candidacy significantly.*

4. **Professional and leadership development**

**Resume and interview support + Leadership experience**

International development is a highly professional sector. It is difficult to break into and demands great initiative and leadership to advance professionally within the field. PC Prep requires **four specific activities** that will strengthen your candidacy for the Peace Corps (or any other professional endeavor):

- Take these virtual workshops through the Career Center: Resume Strategies (Module 17), Cover Letters (Module 18), and Successful Interviewing (Module 19) ([https://career.boisestate.edu/makecollegecount/careerplanningmodules/](https://career.boisestate.edu/makecollegecount/careerplanningmodules/))
- Then, make an appoint to have your **resume** critiqued by someone in the Career Center.
- Afterwards, make an appointment for a mock **interview** at the Career Center.
- Develop at least one significant **leadership experience** and be prepared to discuss it thoughtfully. This experience can or cannot be related to your 50 hours of professional experience. Examples include:
  - Organizing a campus event
  - Leading a work or volunteer project
  - Serving on the executive board of a student organization.
  - Join a planning committee to organize a campus event
• Consider using your work-study to apply to be a Service Learning Student Leader (SL2) with Service Learning (https://servicelearning.boisestate.edu/students/student-employment/)
• Apply to become a Boise State Orientation Leader and develop your own personal leadership style (https://nsp.boisestate.edu/become-an-orientation-leader/)
• Honor’s Students consider applying to become a Peer Mentor (https://honors.boisestate.edu/peer-mentors/)
• Join the Peer Advising Team, contact Jillana Finnegan for more information, jillanafinnegan@boisestate.edu

Interested in refining your leadership skills? Consider enrolling in any course offered through the Leadership and Human Relations Certificate (LEAD courses), if you are a MDS/BAS student consider enrolling in the MDS 410 Case Studies in Leadership course.

Please contact peacecorpsprep@boisestate.edu for more information.
Below are the Peace Corps Prep certification requirements. If you apply to Peace Corps, please scan and attach this signed form to your application with the name “PC Prep Checklist.” If you apply to Peace Corps before completing a requirement below, write: “[Activity]: planned [month/year].”

1. Training and experience in a specific work sector

   Please check the box of the sector in which you have prepared yourself to serve:
   - Education
   - Environment
   - Health
   - Agriculture
   - Youth in Development
   - Community Economic Development

   (1) Coursework. List the 3 highest approved sector-aligned course #s and titles you took:
   1. ________________________________ 3. ________________________________
   2. ________________________________

   (2) Hands-on experience in that same sector. Total Hours (must be at least 50): ______
   Description of experience:

2. Foreign language skills

   Requirements depend upon desired Peace Corps volunteer placement site. (1) Spanish-speaking countries → two 200-level courses. (2) French-speaking countries → two 200-level courses in either Spanish or French. (3) Everywhere else → no explicit requirements, but language skills are a plus.

   Language: ____________________________ List your 2 highest level course #s and titles:
   1. ________________________________ 2. ________________________________

   Fluent Speakers:
3. **Intercultural competence**
   List your 3 approved courses/experiences that bolstered your intercultural competence:
   1. __________________________
   2. __________________________
   3. __________________________

   List the date you attended the Tunnel of Oppression: __________________________

   List your cross-cultural activity: __________________________

4. **Professional and leadership development**
   1. **Professional resume feedback:**  □ Yes □ No  Date:       With Who:
   2. **Professional interview appointment:**  □ Yes □ No  Date:       With Who:
   3. **Demonstrated leadership experiences** (i.e., student orgs, work, volunteer, etc.) **Describe:**

   __________________________
   __________________________
   __________________________

   Signature of Student                       Date

   __________________________
   __________________________
   __________________________

   Signature of Sector Advisor                Date

   __________________________
   __________________________

   Signature of PC Prep Institutional Coordinator  Date
RELEASE OF INFORMATION FORM

With your approval, the Boise State University Peace Corps Preparatory (PC Prep) program will release information on a regular basis to the Peace Corps, including details about the participants in this program and other relevant data that help the Peace Corps evaluate the effectiveness of PC Prep. These educational records are subject to the Family Educational Rights and Privacy Act (FERPA), a Federal law designed to protect the privacy of a student’s educational records. This Act prohibits college officials from disclosing any records, including grade reports, academic standings, transcripts of records, or any other records, which contain information directly related to the student and from which the student can be individually identified without the student’s consent. Consistent with FERPA guidelines, Boise State University will not release records related to your performance in the PC Prep program, other than those enumerated in this disclosure agreement.

I hereby permit Boise State University to disclose personally identifiable information to Peace Corps regarding my participation in the Peace Corps Preparatory program for the purposes of evaluating PC Prep. This information will be limited to my name, date of admission to PC Prep, the coursework and other activities I pursued to satisfy PC Prep requirements, date of graduation, and whether I successfully completed the PC Prep upon graduation. If I do not ultimately enter the Peace Corps, Boise State University may report post-graduation career information to the extent that Boise State University has that information.

Student Name (printed) ___________________________________________________

Student Signature_________________________________________________________

Date_____________________